



MIAMI - APRIL 04, 2010

0 COMMENTS

## Here's the Plan

Miami Events and Diversions



You want it, and you want it now.

### FEAST

#### Picnic Miami Opens

**What:** Comfort food (PB&J, mac 'n' cheese spring rolls, Dutch pancakes, smoothies, Spam Benedict, and lots of bacon) and wild drinks by the gal who built bar programs for the Gansevoort.

**Why:** All-day champagne brunch, movie nights, and an outdoor patio with sofas and grassy turf.

**When:** Fri.-Sun., 11 a.m.-8 p.m. Starting Apr. 17, daily, 5 a.m.-3 a.m.

**Where:** 1400 20th St., Miami Beach (305-673-4755).

### MODERNIZE

#### Inkanta Design Store Opens

**What:** The Colombia-based shop for sleek, international home furnishings opens its first U.S. outpost.

**Why:** Aalto vases, Alessi salt and pepper shakers, Kidrobot toys, Philippi key chains, and the Eva Solo citrus squeezer.

**When:** Mon.-Thurs., 11 a.m.-8 p.m.; Fri. & Sat., 11 a.m.-10 p.m.; Sun., noon-7 p.m.

**Where:** 1111 Lincoln Rd., Miami Beach (305-695-1440).

### INITIATE

#### New Pastry Chef at Wish

**What:** Anastazia N.C. Carter (Steak 954, Casa Casuarina) offers DC readers a free dessert with dinner thru Apr. 30 (mention DailyCandy).

**Why:** Spiced carrot cake with carrot-ginger puree, Meyer lemon pie with almond crust and torched meringue, and guava-yuzu cheesecake with elderberry-basil syrup.

**When:** Tues.-Thurs. & Sun., 6-11 p.m.; Fri. & Sat., 6 p.m.-midnight.

**Where:** At The Hotel, 801 Collins Ave., Miami Beach (305-674-9474).

### EMPOWER

#### Fight like a Girl

**What:** A free class on personal safety and self-defense techniques by second-degree black belt instructor Michelle Straka.

**Why:** Learn to make weapons out of a pen, cell phone, umbrella, and bag.

**When:** Mon., 6-7:30 p.m.

**Where:** The Center for Medical Weight Loss, 2209 N. University Dr., Pembroke Pines (954-966-5700).

### PRACTICE

#### Mindfulness

**What:** Ex-attorney Alice Lash offers group and private meditation workshops.

**Why:** DailyCandy readers get 25 percent off their first session.

**When:** By appt.

**Where:** 7800 Red Rd., ste. 207b, South Miami (305-761-5001).

*Smile! Female photographers get their own online forum. Check out our faves.*

Photo: Courtesy of Picnic Miami

### Locations

**The Center for Medical Weight Loss**  
2209 N University Dr  
Pembroke Pines, FL 33024  
954-966-5700

**Inkanta Design Store**  
1111 Lincoln Rd  
Miami Beach, FL 33139  
305-695-1440

**Mindfulness**  
7800 Red Rd  
ste 207b  
South Miami, FL 33143  
305-761-5001

**Picnic Miami**  
1400 SW 20th St  
Miami, FL 33145

**Wish**  
801 Collins Ave  
@ The Hotel  
Miami Beach, FL 33139  
305-674-9474

MAP IT!

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